



Vol. 34, No. 3 – June, 2008

Diocesan News

News and Views of the Roman Catholic Diocese of Kamloops



CHRISM MASS – HOLY WEEK, 2008

Parish priests of the Diocese of Kamloops join Bishop Monroe as he consecrates the Holy Chrism, the blend of pure oil of olives and fragrant balsam used to confer the sacraments of Baptism, Confirmation and Ordination. Other vessels contain the holy oils used to anoint the sick and the catechumens. The priests return to their parishes with a year's supply of holy oils and Chrism. Everyone who has received the sacraments of Baptism and Confirmation since Easter has been anointed with the Holy Chrism consecrated by Bishop Monroe on Holy Tuesday – CHUCK BISHOP PHOTO

'Eternal rest grant unto him'

Reverend Monsignor John A. MacIntyre, Chancellor of the Diocese of Kamloops (pictured above–front left), died in Kamloops on the Feast of the Sacred Heart of Jesus (Friday, May 30) at the age of 86.

Born in Reserve Mines, Cape Breton, NS, he served in the Royal Canadian Air Force from 1941 to 1945. He graduated from St. Francis Xavier University in 1951. After studying theology at St. Augustine Seminary in Toronto, he returned to Antigonish, NS to receive the Sacrament of Holy Orders as a priest of the Diocese of Kamloops in 1955.

After serving a number of parishes, Monsignor MacIntyre celebrated his 53rd anniversary of ordination on March 5 in Kamloops.

He was appointed Vicar General of the Diocese of Kamloops in 1982 and invested as a Prelate of Honour in 1984.

A more complete tribute to Monsignor MacIntyre will be published in the August issue. §



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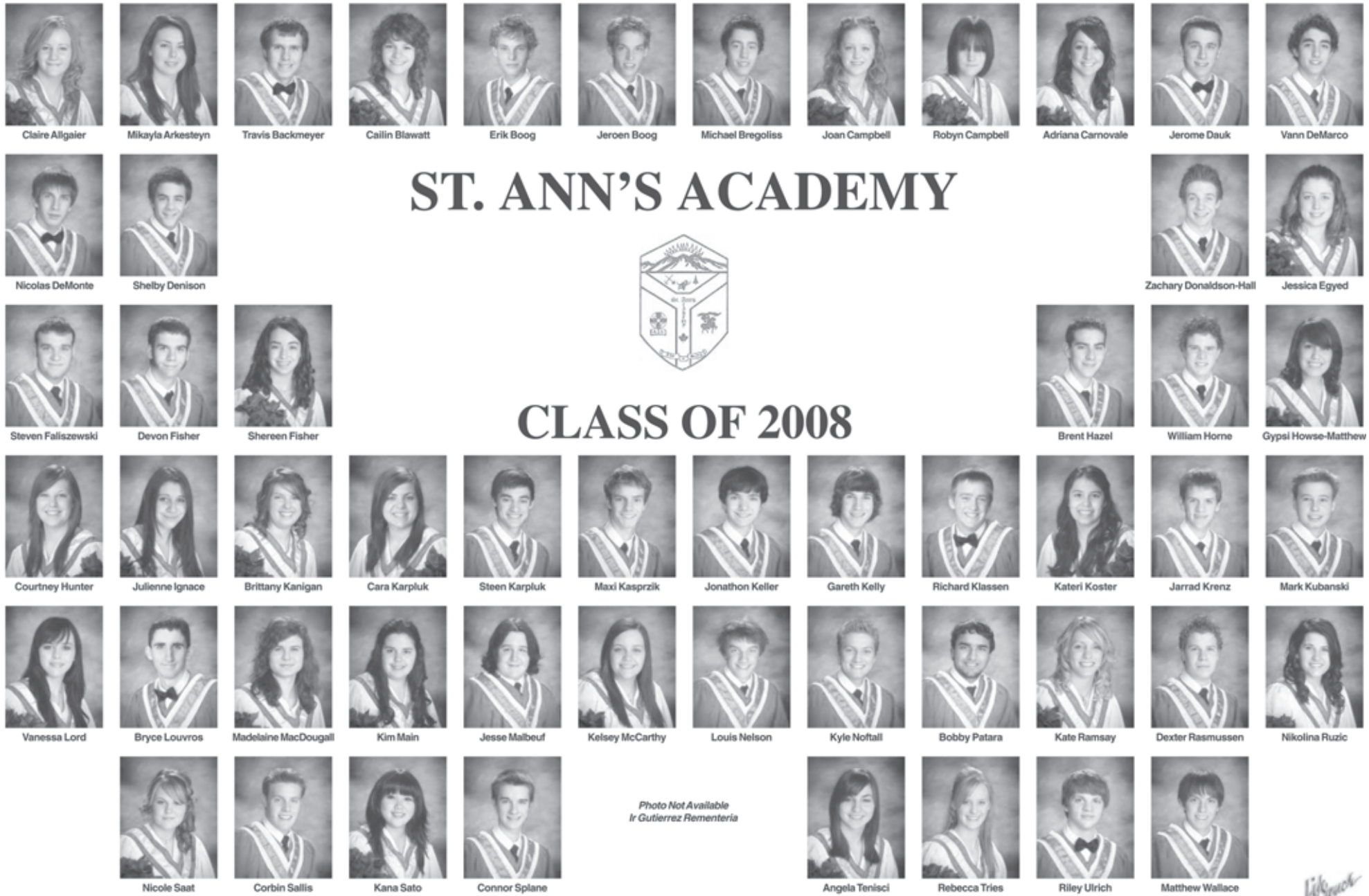
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CONGRATULATIONS, GRADUATES!



AFRICAN MISSION PROJECTS: Windmills, Wells, Water and More 2008

By Kelly Tries, Kamloops

This sixth annual fundraising dinner was a spectacular event, attracting 340 people and bringing in more than \$38,000 for the various mission projects of the Missionaries of the Precious Blood in Tanzania. The support given by individuals and businesses in the Kamloops region was tremendous. Numerous items were donated for the silent and live auctions. Also several families and businesses were corporate sponsors for the evening in the TRU Grand Hall.

Brother Anthony Canterucci, C.Pp.S., the Director of C.P.P.S.

Mission Projects, thanked the community for its ongoing support and generous spirit. He assured all present that their caring and their willingness to give have made a life-changing difference for the Tanzanian people.

This past summer, the volunteer group from Kamloops returned to the village of Iyumbu and constructed a medical dispensary that now provides much needed medical care for more than 3,000 people. As part of the evening's festivities, group members were presented with a picture collage of their summer work project.

The funds raised at this year's event will be used to continue construction of water supply

systems throughout the mission territory and to provide St. Gaspar Elementary School with supplies.

On behalf of the Missionaries of the Precious Blood, and the people of Tanzania, *Asanteni Sana!* §



2008 MISSION VOLUNTEER Josh Keller's eloquence brings Tanzanian village life closer to home

THE BISHOP'S



MESSAGE

It was in May on a Saturday after the morning Mass. An elderly gentleman, a daily communicant, approached. He was especially well dressed on this day – suit and tie.

“Today is a very special day for me,” he said as he pulled out his wallet and carefully unfolded a rather tattered paper.

Showing me the paper he said, “Today is the sixtieth anniversary of my First Holy

Communion and here is my certificate!”

At the time I wondered to myself, “I can’t remember what day it was when I received my First Holy Communion and I wonder how many others remember?”

In light of the **49th International Eucharistic Congress** in Quebec this June, it is a good time to try to go back to that day when we first received Jesus in the Holy Eucharist. At the time it was so special; it was something that we had looked forward to as little children – looking up as our parents and older brothers and sisters received the host. Sometimes a child could be heard saying, “Why can’t I have one?” and being told, “You are not old enough yet.”

Have you ever thought to yourself as you came forward to receive Holy Communion how, with the simple word, “Amen,” you are saying, “I believe that I am about to receive Jesus – Who is truly God and truly Man.”

As a priest, I was once asked, “What does it feel like to know that, after you say the

words of Consecration, you are holding the Body and Blood of Jesus Christ?”

After a reflective pause – I had not been asked this question before – my answer was, “It is too easy. I do not have to do some extraordinary sacrifice, but when I say the words “This is my Body,” “This is my Blood” I know that Jesus is truly present – body, soul and divinity, true God and true Man. There is a danger when something is easy and repeated so often; it can become habitual and the attentiveness to such a mystery can be weakened.”

I then told the story of Archbishop Francis Xavier Van Thuan who treasured what he celebrated every night in his communist prison cell in Vietnam. During his thirteen years of confinement he would, each night, place three drops of wine and a drop of water on his hand and take a fragment of a host from the back of a flashlight that had been cleverly brought to him by a parishioner, along with the wine (disguised as ‘medicine for stomach pains’). Then from memory he would celebrate the Mass.

This was not easy and of these Masses he would later say, “These were the most beautiful Masses of my life!”

The occasion of the International Eucharistic Congress is offering us a wonderful opportunity to reflect on the goodness of God – to choose such simple food (bread) and drink (wine), to become the Body and Blood of Jesus and to make this food and drink so accessible that we can receive Jesus in our Holy Communion every day.

Next Sunday when you approach the altar to receive Holy Communion, thank God for the gift of your faith and say the “Amen” not only with your lips, but also with your heart, recognizing how precious this Gift is and make it an occasion to return love for love.

Yours in Christ,

**Most Rev. David J. Monroe,
Bishop of Kamloops**



Diocesan News

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MANAGEMENT BOARD

Most Reverend David Monroe, Bishop of Kamloops – publisher; Gary Cooper – advisory member. Design & layout: Bishop & Bishop Advertising & Public Relations.

EDITORIAL POLICY

The Diocesan News seeks to increase the unity of the people of the diocese by providing current information about matters of Church teaching and policy, in addition to diocesan and parish news.

News will be as up-to-date as possible, given the publication schedule, and generally will reflect relevant Church issues affecting this diocese.

Diocesan and parish news will inform the people of the diocese about the activities of individuals or groups within the Church. The purpose of publishing this news is to celebrate activities that foster the life of the spirit within the diocese.

As publisher of The Diocesan News, the bishop is responsible for its content. Any material submitted for publication is subject to revision following editorial review for suitability, style and accuracy. The decision to publish unsolicited material depends on its relevance to the overall mission of The Diocesan News and availability of space. In all cases, contributors are urged to be concise and to strive for the highest standards of accuracy and fairness.

GUIDE TO WRITTEN LENGTH

Most news can be told effectively in 300 words or less. Letters to the Editor should be as brief as possible.

PUBLICATION SCHEDULE

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IN MEMORIAM: Sister Stella of Our Lady of the Blessed Sacrament, OCD

Sister Stella of Our Lady of the Blessed Sacrament, OCD (Betty Mary Pang) immigrated from Hong Kong to Canada in 1976.

She worked many years in Toronto and later heard the call to join Carmel.

She entered the monastery at St. Agatha, Ontario and was the first sister to join our Western Foundation in Armstrong, BC on November 1, 1991.

Sister made her Final Profession on October 11, 1993 here among many new friends.

She loved her homeland greatly and devoted her life to work, prayer and sacrifice for her people. The story of her conversion was another one of God’s miracles in her life. Our Lady was her Sweet Mother and the rosary, during free time, was always in her tiny hands.

Born November 7, 1921 in Hong Kong,



SISTER STELLA (1921- 2008)

Sister Stella was predeceased by her father, Yun Ting Pang, her mother, Lai Ngor Wong, her brother Peter and a sister. She has two living brothers, K.W. Pang and Kam Wing.

Sister Stella suffered a long, brave fight with cancer. She was very courageous throughout this illness.

She died peacefully on the morning of Thursday, May 22 at the Carmel of Saint Joseph, Armstrong, where the prayer vigil and wake took place at 7 p.m. on Monday, May 26.

His Excellency Bishop David Monroe celebrated the Mass of Christian Burial at 2 p.m. on Tuesday, May 27.

Interment in the cemetery on the Monastery grounds followed Mass. Pallbearers were Larry Aubin, Napp Valcourt, Claude Tripier, Charles Johnson, Don Cameron, James Krebbers and Louis Prost. Donations in memory of Sister Stella may be made to the Monastery Building Fund c/o Carmelite Monastery, 4815 Salmon River Road, Armstrong, BC V0E 1B4. \$

St. Vincent de Paul's volunteers feed thousands of neighbours

Between feeding the hungry and sheltering those in danger of freezing to death, Our Lady of Perpetual Help Conference of the St. Vincent de Paul Society (SVdP) had another busy season.

The regular breakfast program at SVdP's Briar Avenue site provided hot breakfasts to 3,288 guests during the 2007-2008 season. To do this required 1,314 volunteer hours from a total of 438 volunteers; this number includes the same or different people giving

their time on different days. Often family groups serve on the same day each month, with parents and children working together to feed the hungry.

"This is a vital service," says president Ron Tronson. "There are a lot of people in Kamloops who really need these meals."

Breakfast is offered Mondays, Wednesdays, Fridays and Saturdays, with Saturday mornings reserved for women and children.

Between November and March, the Society collaborated with St. Paul's Anglican Cathedral in downtown Kamloops to provide emergency shelter for the homeless through the Out of the Cold program. All night for 33 nights, counting regular and emergency openings, 734 guests slept in the Cathedral's basement. An additional 254 guests received supper, but did not stay the night.

This is the second season for Out of the Cold in Kamloops and

the Society's program would have been impossible without the space made available at the Cathedral. It became clear during the first winter that the Society's Briar Avenue facility was unsuitable for the program's smooth delivery.

"Out of the Cold is really necessary when the temperature drops below -10 Celsius," says Ron. "That's the time when street people are really at risk."

"This season we were open on 19 regular Wednesday nights

and 14 nights when we had dangerously low temperatures."

Ron stresses the importance of the Catholic and Anglican volunteers who set up the basement rooms each night, fed the hungry and cleaned up afterwards.

"We had to leave the space spotless in the morning, as it was required for other Cathedral programs – we couldn't have done it without them."

Out of the Cold volunteers worked a total of 1,838 hours. §

† July 16 †

SAINT MARY-MAGDALENE POSTEL (1756-1846)

Julia Frances Catherine was born on November 26, 1756 in Burfleur, France. Her parents, John Postel and Teresa Levallois, raised her in a truly Catholic atmosphere and at an early age she showed such love for God that she was permitted to receive her first Holy Communion at the age of 8 rather than 12 – the usual age at that time.

For schooling she attended the Benedictine convent at Valogres where she made a promise to devote her life to God and service to her neighbour and made a private vow of perpetual virginity. At the age of 18 she returned to Barfleur, where she started a school for girls.

Five years later the French Revolution began and oppression against those faithful to the Church took place. The school she had started was closed.

Julia made a secret chapel under the steps of her house, dedicating it to Our Lady, Mother of Mercy. Here she could pray and on occasion have Mass celebrated. She also was given permission to carry the Blessed Sacrament so she could take Communion to the seriously ill when no priest was available. On several occasions her home was searched.

Four years after the Concordat of 1801 Julia was able to



ST. MARY-MAGDALENE POSTEL
Foundress of the Sisters of the Christian Schools of Mercy

help repair the damages of the revolution by preparing children and adults for the sacraments and organizing works of mercy.

In 1807 she responded to the need for a school in Cherbourg.

"I want to teach the young and to inspire them with the love of God and liking for work," she told the local priest. "I want to help the poor and relieve some of their misery. These are the things I want to do, and for a long time I have seen that I must have a religious congregation to do it."

A house was found and with three other young women she took the vows of religion and the name Mary-Magdalene.

In the next 11 years this small community grew to nine, had great successes, had times of extreme poverty, had to move to different places and had false allegations raised against them, but in 1818 Prince Le Brun offered them a house and school in Tamerville.

During that same year there was a severe famine and the number of sisters was reduced to four.

By 1830 the numbers had grown and a larger convent was necessary.

The community was given the abandoned 11th century abbey of Saint-Sauveur-le-Vicomte. Within a year there were 10 new postulants, bringing the number of community members to 15.

In 1837 the rule by which the sisters had been guided for 28 years was set aside and the rule for the Brothers of the Christian Schools which had been approved by the Holy See was formally adopted. The next eight years were ones of great growth, in spite of many trials.

St. Mary-Magdalene Postel died at the age of 90 on July 16, 1848. She was canonized by Pope St. Pius X in 1925. §

Vatican approves 'Heroic Virtue' Decree

His Holiness Pope Benedict XVI has approved a decree recognizing the heroic virtue of Father Michael J. McGivney, founder of the Knights of Columbus.

The Pope's declaration in March significantly advances the priest's process toward sainthood and gives this parish priest the distinction of the title, Venerable Servant of God. If canonized, Father McGivney would be the first American-born priest to be so honoured.

"The strength of the Knights of Columbus today is a testament to his timeless vision, his holiness and his ideals," said Supreme Knight Carl Anderson.

Fr. McGivney [1852-1890] founded the Knights of Columbus with the help of several men of St.

Mary's Parish in New Haven [Connecticut] in 1882 to help strengthen the faith of the men of his parish and, in the event of their death, to provide financial assistance to the widows and orphans left behind. He was also known for his tireless work among his parishioners.

The cause, or process, for Fr. McGivney's sainthood was opened by Hartford Archbishop Daniel A. Cronin in 1997 and presented to the Vatican in 2000, where it has been under review by the Congregation for the Causes of Saints. With the papal decree, and authentication of a miracle at Fr. McGivney's intercession, he could be beatified. A second miracle would be required for canonization. §

WHERE IN THE DIOCESE IS IT?

This sinkhole surprise in the parish parking lot was filled in almost as soon as it appeared.

ANSWER PAGE 14

SAINTLY SAYINGS (Fill the spaces to see the words)

St. Mary-Magdalene (1756-1846)

Congress 'live' online – for the first time

Bishop Monroe and 15 others from the Diocese of Kamloops are among those attending the 49th International Eucharistic Congress (IEC) in Québec City.



For those who can't get away, Congress events will be accessible via the new media portal for the Catholic Diocese of Quebec: <http://www.ecdq.tv/en/videos/>

Available in English, French and Spanish, IEC coverage from June 15-June 22 will include topics such as catechesis, testimony, interviews and analysis.

Participating via satellite connection, the Holy Father will deliver the homily at the closing Mass. §

Speakers internationally renowned

By Deborah Gyapong, Canadian Catholic News

QUEBEC CITY (CCN) – The International Eucharistic Congress in Québec City June 15-22 features a world-renowned roster of plenary speakers, witnesses and catechists on the overall theme *The Eucharist: Gift of God for the Life of the World*.

Opening ceremonies will welcome pilgrims and outline the week's programs. Québec City's Expo Cite grounds and Pepsi Coliseum will be transformed into a Eucharistic City for the week-long event. Quebec's 400th anniversary and history will be highlighted.

JUNE 16

Washington Archbishop Donald Wuerl will give the catechesis on 'The Eucharist Gift of God for the Life of the World'. L'Arche founder Jean Vanier will address the plenary assembly as the witness to faith. The continent of the day is North America.

JUNE 17

Cardinal Philippe Barbarin, Archbishop of Lyon and Primate of France, will deliver the catechesis on 'The Eucharist, Memorial of the Paschal Mystery'. The witness is Father Nicolas Buttet, founder of the Eucharistic Fraternity. The continent of the day is Europe.

JUNE 18

Cardinal Jorge Mario Bergoglio, Archbishop of Buenos Aires, will teach on 'The Eucharist Builds Up the Church, the Sacrament of Salvation'. The continent of the day is South America.

JUNE 19

Bishop Luis Antonio G. Tagle of Imus, the Philippines, will teach on 'The Eucharist: the Life of Christ in our Lives'. The witness is Elisabeth Nguyen Wong, a woman of Vietnamese background who lives in Canada. The continent in focus is Asia.

In the evening, pilgrims can join a procession of the Blessed Sacrament through the streets of Québec City.

JUNE 20

Cardinal Yvan Dias, Prefect of the Congregation for Evangelization of Peoples, will teach on 'Eucharist and Mission'. The witness is Joe H. Prado Flores, a lay Catholic evangelist. The continent in focus is Oceania.

JUNE 21

Cardinal Christian Wiyghan Tumi, Archbishop of Doula, Cameroun, will teach on 'Witnesses to the Eucharist in the Midst of the World'. The witness is Marguerite Barankitse, a Burundian humanitarian who has helped 20,000 children. The continent of the day is Africa.

The evening will feature a Eucharistic celebration and Young Adult Prayer Vigil.

JUNE 22

Pilgrims will gather for the closing Sunday Mass on the famed Plains of Abraham, now a national historic site, on the theme of The Eucharist, Gift of God for the Life of the World: "What I tell you in the darkness, speak in the light." §



The sixteenth annual Fountain Lake Pilgrimage in honour of Our Blessed Mother Mary begins on Friday, Aug. 15 – the Feast of the Assumption.

"This is an invitation from the Native community to share their spirituality, and people think the experience is unique in North America," says Lillooet pastor Fr. Bob Haggarty, OMI. "It's the most beautiful site in all of British Columbia. There are no fees for parking RVs. There are no charges at all."

Situated near Lillooet on the lands of the Xax'lip people, the property managed by Cecil and Debbie Mitchell was donated as a pilgrimage site in honour of the Bob family and is used for no other purpose. The site is now graced with a permanent sanctuary to shelter the altar for Masses and talks.

The weekend begins with Mass at 5:30 p.m., followed by confessions, Benediction and a candlelight procession. Aug. 16 and 17 are devoted to the Rosary, daily Mass, the Way of the Cross, sharing circles and a number of talks. Reconciliation is available all weekend. Saturday after supper there will be a family talent show with skits and music, followed by a candlelit living Rosary.

"Come prepared to be self-contained all weekend – there are no stores or supplies close by," Fr. Bob says. "Tents, campers, motor homes – even sleeping under the stars is fine; Bishop Monroe pitches his own tent."

The pilgrimage concludes with a mid-day community potluck before departure on Sunday. §

Booklet celebrates first 100 years

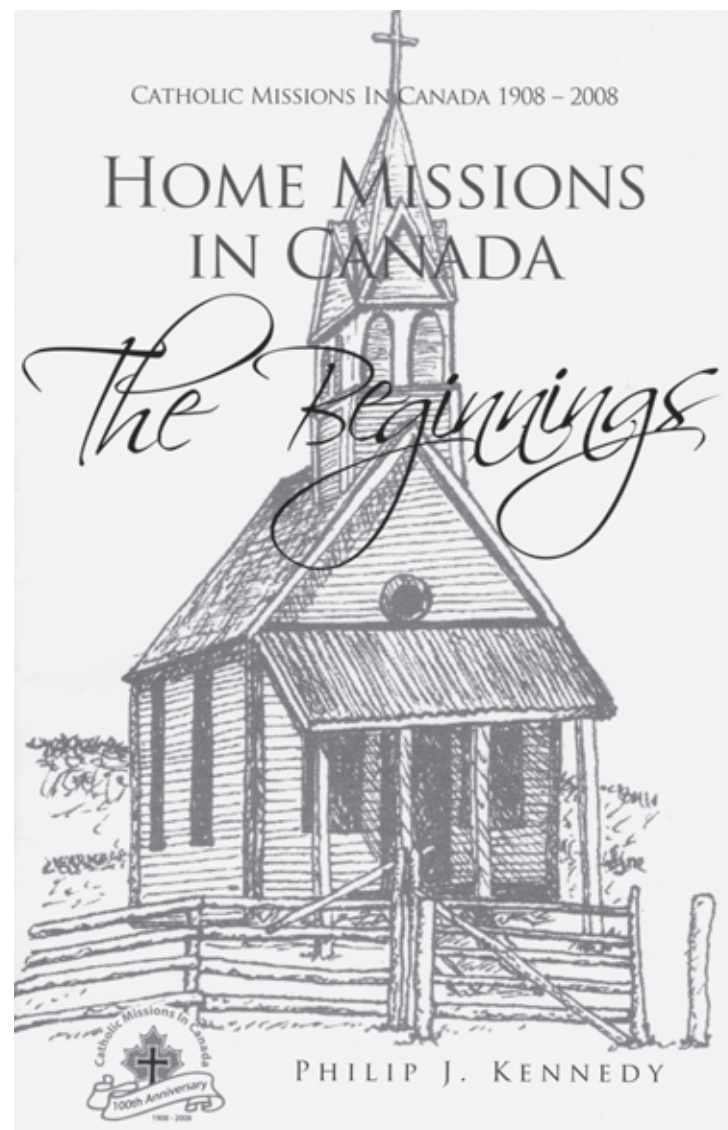
Catholic Missions in Canada (CMIC) is a century old this year. The organization, founded as the Catholic Church Extension Society of Canada, continues to support missionary activities in every corner of the nation.

In the Diocese of Kamloops CMIC supported recent renovations to St. Mary's Church, Enderby and is contributing to replacement of Anaham's Sacred Heart of Jesus Church – lost in a disastrous fire January 6, 2007 (see update, page 11).

CMIC President Fr. Philip Kennedy has written *Catholic Missions in Canada 1908-2008: Home Missions In Canada – The Beginnings* to commemorate a century of service to Catholic Missions.

The booklet's cover and back page feature drawings by our own Bishop David Monroe.

Readers wishing to obtain a copy of this brief history (already in short supply) can call CMIC at 1-800 937-2642 and subscribe to Catholic Missions in Canada. §



ON THE COVER: ST. JOHN THE BAPTIST MISSION AT STONE

THE BISHOP'S JOURNAL

February 29 to March 2

– Friday to Sunday

This weekend I was with 40 retreatants for the Lenten Retreat at Immaculate Heart of Mary Shrine (IHM). The theme was *The Call to Holiness – The Means to Holiness – The Living Holiness*.

March 3 & 4

– Monday & Tuesday

The priests of the Diocese held their regular monthly gathering at IHM Centre – a time for prayer, learning, business and socializing.

March 6 – Thursday

This evening I visited the Kamloops Art Gallery for the opening of a show of photography by some students from St. Ann's Academy.

March 8 – Saturday

About 100 young candidates for the Sacrament of Confirmation held their *R-U-Ready* rally at Our Lady of Perpetual Help Centre. These young people came from several parishes throughout the Diocese.

March 9 – Sunday

As we get close to spring I begin my 'travels' and one of the first is to Our Lady of Lourdes Parish, Heffley Creek.

This is a small and dedicated community at the entrance to the road leading to Sun Peaks.

March 10 – Monday

In the early afternoon I began my six and a half hour drive to Prince George to be present, along with all of the bishops of BC and Yukon and the Apostolic Nuncio, in the celebration of the 100th anniversary of the Diocese of Prince George. The main celebration was the Chrism Mass in the evening at the Cathedral.

March 18 – Tuesday

Today we celebrated the Chrism Mass with almost all of the priests present. After the Mass some of the members of the CWL served their 'special' lunch for the priests and seminarians.

March 19 to 23

– Triduum

The ceremonies for Holy Week were well attended again this year.

March 24 – Monday

Fr. Domingo Cedo phoned to let me know that one of his brothers in the Philippines died. Please keep him in your prayers!

Also, please note that Fr. Cedo celebrates his 40th anniversary of ordination on March 28.



MARCH 6 – STUDENT PHOTO EXHIBIT. Renza Kanigan (R) and her daughter Brittany (L) join St. Ann's Academy art instructor Philippa Glossop

March 25 – Tuesday

A communication from Rome informed me that Fr. Kenneth Anorou (St. Jude's, 100 Mile House) has a new bishop. The Holy Father has appointed Father Augustine Tochukwu Ukwouma as bishop-elect to succeed Bishop Gregory O. Ochiagha as Bishop of Orlu, Nigeria. (The Diocese of Orlu is 929 square kilometres in area; population 996,000, Catholics 571,015, priests 287, religious 168.)

March 29 – Saturday

It was my first time over the Okanagan Connector to go to Penticton to speak at the Knights of Columbus dinner at St. Ann's Parish and then back home by midnight.

March 30 – Sunday

This morning I made my pastoral visit to Blessed Sacrament Parish, Chase, then back to the Cathedral for 11:30 a.m. Mass.

After the 3 p.m. Mass for Divine Mercy Sunday I drove to Vancouver to catch the 'red eye' flight to Ottawa to attend the National Office for Religious Education meeting on Monday and Tuesday.

April 4 – Friday

After a couple of days visiting former parishioners in Vancouver, I drove up to IHM Centre, Cache Creek with Father John Horgan, who presented the Lay Enrichment program on Mary and the Saints.

April 6 – Sunday

After the 10 a.m. Mass at St. Peter's Parish, Clinton, I met with Fr. Horgan and brought him to Kamloops for his flight home.

April 7 & 8 – Monday & Tuesday

We held our regular Clergy Day of Recollection.

April 10 – Thursday

Today was the funeral for Fr. Augustine Kalberer, OSB at Westminster Abbey. On the way to the Abbey we stopped at Hope to take Fr. John Tritschler and a visiting priest with us. The funeral at 2 p.m. was well attended by the people and many priests who had studied at Christ the King Seminary

during the 60 years that Father Augustine taught there.

In the evening I gave a talk at the Father LeJeune Assembly, Fourth Degree Knights of Columbus meeting in Kamloops.

April 11 – Friday

This evening was the Pro-Life dinner at Our Lady of Perpetual Help Parish Hall. It was very well attended.

April 12 – Saturday

Today I drove to Our Lady of the Mountains, Whistler to celebrate the 5 p.m. Mass with Msgr. Jerry Desmond. After Mass there was a potluck dinner and an opportunity to visit with some of the parishioners.

April 13 – Sunday

After the 9 a.m. Mass at Our Lady of the Mountains, Msgr. Desmond and I drove to St. Christopher's, Mount Currie for 11 a.m. Mass, then to St. Francis of Assisi, Pemberton for Mass and the Confirmation of three young people at 12:30 p.m. After Mass and a potluck lunch, as I was going to head home through the Duffy Lake road, I saw 'the sign' – the Duffy Lake Road was closed because of an avalanche! According to the radio, it would not be reopened until about 6 p.m. – instead of a 3.5-hour drive, it became more than a 5.5-hour drive via Vancouver. (The road did not open until after 8 p.m.!)

April 17 – Thursday

This evening I had supper with Tim McCluskey, president of the Diocese of Kamloops Teachers' Association (DKTA), and Al Blesch, who is the guest speaker for the DKTA conference.

Then it was up to greet the Fourth Degree KofC at the ABC Restaurant before celebrating Mass at 7 p.m. for the members of the DKTA.

April 18 – Friday

I was able to attend the first of two talks given by Al Blesch and, along with Mrs. Kelly Tries, to present certificates recognizing those teachers who have taught in Catholic schools for more than 20 years. Part of the afternoon was spent with members of the Diocesan CWL at their convention at Holy Family Church (congratulations to Holy Family CWL on their 25th anniversary). Then it was on to Sacred Heart Cathedral for 5 p.m. Mass, followed by the convention dinner.

April 19 & 20 – Saturday and Sunday

On Saturday, after celebrating Mass for the Sisters at the Carmel of Saint Joseph at 2 p.m. in Armstrong, I went to St. James Church, Vernon to celebrate the 5 p.m. Mass and then to Our Lady of the Valley, Coldstream for Mass and the Confirmation of 31 young people. CONTINUES NEXT PAGE



The Diocese of Kamloops covers 120,000 square kilometres (46,332.26 square miles) in south central British Columbia.

The Bishop's Journal continues

April 19 & 20 continued

On Sunday morning I drove from Vernon to St. Joseph's, Armstrong for the Mass and Confirmation at 9 a.m., then to St. Ann's, Enderby (11 a.m.) and St. Mary's, Enderby (1 p.m.).

April 24 to 27

– Thursday to Sunday

I drove to Surrey to attend the 97th Annual Convention of the BC and Yukon Knights of Columbus. (See Page 9 for photos and award recipients in our Diocese.)

May 2 – Friday

A good day for a Walkathon! St. James School, Vernon held this annual event, after which Fr. Martin Peyton and I concelebrated with the children. Then it was back to Our Lady of Perpetual Help Parish (O.L.P.H.) for dinner and the Mass and Confirmations at 7 p.m.

May 3 – Saturday

I made an early drive to IHM Shrine at Cache Creek to speak on the Sacraments with those attending the Lay Enrichment program; I then came back to O.L.P.H. for the celebrations at 1 p.m. in honour of St. Francis of Paolo – a favorite saint for the people of Calabria, Italy. The festivities ended with a dinner and dance in the evening.

May 4 – Sunday

This morning I concelebrated Mass at St. George's, Barriere (9 a.m.) and St. James, Clearwater (11:30 a.m.) with Father Donal O'Reilly. In the afternoon I was back at the Shrine in Cache Creek for the annual Ecumenical Retreat, which went until noon

on Tuesday. Fr. Placidus Sander, OSB (from Westminster Abbey, Mission, BC) gave the retreat to the clergy who were present – three Anglicans, three Lutherans and 13 Catholic priests – including three seminarians. The theme was *Seeking God – How Jesus reveals the Father to us*.

May 6 to 8

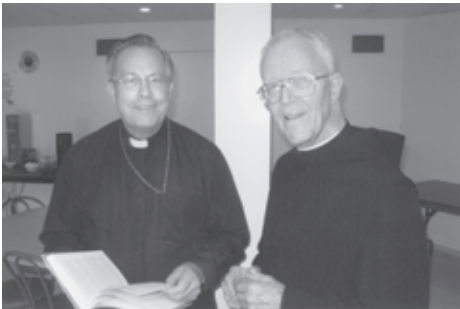
– Tuesday to Thursday

This afternoon the priests of the Diocese began the spring study days with Fr. Dale Normandeau directing the sessions by speaking on the life, the times and the works of the Venerable John Henry Cardinal Newman.

After the Study Days I drove to St. Joseph's Parish, Salmon Arm for the Mass and Confirmation of young people from St. Joseph's, Our Lady of the Lake – Sorrento, and Our Lady of Fatima – Sicamous.

May 11 – Sunday

Today I celebrated the Mass and the Sacrament of Confirmation at Holy Family Parish (10:30 a.m.) and at Sacred Heart Cathedral (6 p.m.).



MAY 4 – Bishop Monroe and Father Placidus Sander, OSB during the annual Ecumenical Retreat

May 14 – Wednesday

This evening the Knights of Columbus held a dinner to thank the priests of the Diocese for their dedication in serving the people of the Diocese.

A certificate recognizing the support of the Knights for their priests was presented to those priests who were present and were sent to those who could not attend.

May 15 & 16

– Thursday & Friday

I drove up to Quesnel to celebrate the Mass and the Sacrament of Confirmation at St. Ann's Parish.

On Friday after visiting the students at the school I drove to Williams Lake to visit the students at Sacred Heart School.

In the evening I celebrated Mass and confirmed 17 young people.

May 17 – Saturday

Today I had a new experience. I attended a branding at one of the ranches at Chimney Lake.

Father Andrew L'Heureux was able to show his skill at riding and roping.

In the evening Fr. Jude Ogoke and I went to St. Therese of the Child Jesus

Church, Alkali Lake for Mass and a Baptism.

May 18 – Sunday

Fr. Jude Ogoke and I started the day at 7 a.m. by driving from Williams Lake out to Sacred Heart Parish at Anaham. After the Mass at 9 a.m. I was accompanied by Chief Gerald Johnny and some of the parishioners to turn the sod and bless the four corners of the excavated area – the beginnings of the construction of their new church. (See photos on page 11.)

On the way back to Williams Lake we celebrated Mass and a Baptism at St. Thomas the Apostle Church in Toosey. Then, after returning Fr. Ogoke to Sacred Heart, Williams Lake, I drove to Canoe Creek for Mass at 5 p.m. at Saint Paul's Church.

After supper with one of the families at Canoe Creek I headed back to Kamloops, taking a road I had not been on before – through Big Bar and past Poison Lake, down to Kelly Lake and then to Clinton and the highway. The key to driving on these dirt roads is either to be out front, and avoid all of the dust, or stay about a quarter of a kilometre back of the car in front so the dust has some chance to settle! §



MAY 17 – Williams Lake pastor Father Andrew L'Heureux keeps the rope nice and tight (above) for cattle branding (right) near Chimney Lake – BISHOP MONROE PHOTOS

CARTOON by Fr. Martin Peyton



COMING EVENTS IN THE DIOCESE OF KAMLOOPS

JUNE 27, 2008 – The Ordination of Clinton Pendleton to the Diaconate has been set for Friday, June 27 at 7 p.m. The Mass and Ordination will take place at Sacred Heart Cathedral, Kamloops.

JULY, 2008 – Plans are being made for two summer camps in the Williams Lake area. The first (Friday, July 11 to Sunday, July 13) will be a Family Camp with retreat/conference activities, games and Mass. The second (Monday, July 14 to Friday, July 18) is a Teen Camp for students entering Grade 7 to Grade 12 in the fall. The proposed location for both camps is Till Lake. For more information, please contact Father Andrew L'Heureux at Sacred Heart Parish – 250-398-6806. §

Daily Catechesis Themes for WYD08

World Youth Day Sydney 2008 (WYD08) organizers provide the themes and accompanying scripture verses selected for each day of Catechesis – the daily teaching sessions during the week. Bishops from around the world will lead Catechesis in more than 300 Sydney churches and WYD venues over three days. The central theme is **Holy Spirit and Mission**. This theme will be developed in the following stages:

Wednesday, July 16

Called to live in the Holy Spirit

Scripture verse: “If we live by the Spirit, let us also be guided by the Spirit” (Gal 5:25).
Scripture texts for the Mass: Acts 1:6-14 and Luke 24:44-49.

Thursday, July 17

The Holy Spirit, soul of the Church

Scripture verse: “For in one Spirit we were all baptised into one body; and we were all given to drink of one Spirit” (1 Cor 12:13).
Scripture texts for the Mass: 1 Corinthians 12:4-13 and Matthew 16:13-19.

Friday 18 July

Sent out into the world: the Holy Spirit, the principal agent of mission

Scripture verse: “You will receive power when the Holy Spirit has come upon you; and you will be my witnesses” (Acts 1:8).
Scripture texts for the Mass: 1 Corinthians 9:16-18 and Matthew 28:16-20.

The Scripture verse for Friday, July 18 is the theme for WYD08.

“Catechesis represents the spiritual heart of World Youth Day, when young people from various backgrounds and circumstances unite to listen, reflect, discuss and pray in harmony,” WYD08 Coordinator Bishop Anthony Fisher, OP said in a news release.

“I encourage all pilgrims who are attending WYD08 to begin reflecting on the Catechesis themes now, so that come July, they are spiritually prepared to witness the Spirit and gain as much as they can from their WYD08 experience.”

The WYD08 Catechesis themes and Scripture texts for each of the Masses were selected by the Pontifical Council for the Laity (PCL), the Vatican body that oversees World Youth Day preparations.

Hosted by the Catholic Church but open to all, WYD08 is a week of event activities July 15-20 in Sydney. §



LUMBY'S WYD08 PILGRIMS – (L-R) Jonathan Deuling, Brienna Gemmel, Jody Somerset, Matthew Somerset, Liane Hornell, Jordan Somerset

'Lumby Leads the Way!'

By Liane Hornell, Sacred Heart Parish

The excitement is mounting as six young adults make their preparations to attend World Youth Day in Sydney, Australia this July.

Jody Somerset, Matthew Somerset, Jordan Somerset, Liane Hornell, Jonathan Deuling and Brienna Gemmel will be travelling with a group from Chilliwack, BC. The group leaves July 9 from Vancouver and returns July 29.

The first week will be spent in Melbourne, staying with families to better understand their culture.

World Youth Day activities fill the second week and during the third week, Lumby's pilgrims will be doing missionary work in the Brisbane area.

We have put on many fundraisers over the last year, including pancake breakfasts, garage sales, hot dog sales and flower sales. Our ongoing fundraising project is a delicious pancake breakfast prepared on the last Sunday of every month. A magnificent pasta dinner and silent auction, plus live Christian music, is set for June 14.

We thank all of our benefactors for their support – much needed for a trip of this magnitude! In particular, Fr. Don O'Reilly was an enthusiastic and prayerful supporter, singlehandedly organizing many dinner/auctions and donating the proceeds to our cause. You can contact us at Sacred Heart Church, PO Box 26, Lumby, BC V0E 2G0 or call Jody Somerset at (250) 547-9747. §



WYD08 FUNDRAISER – Jonathan prepares to tuck in to one of the sumptuous breakfasts the group serves up every month at Sacred Heart Parish, Lumby

'You will receive power when the Holy Spirit has come upon you; and you will be my witnesses' – THEME FOR WYD08 IN AUSTRALIA

Vocations director Fr. Derrick Cameron will join Diocesan pilgrims in Sydney in time for World Youth Day 2008 in Australia.

Youth from Lumby (above), Kamloops (Paul Simms and sisters Carmel and Adele

Huculak) and Vernon (Matthew L'Heureux) will join the group from St. Mary's, Chilliwack for a three-week pilgrimage including Days in the Diocese in Melbourne, World Youth Days with the Holy

Father, Pope Benedict XVI, in Sydney and a mission experience in Brisbane.

Like Fr. Derrick, Michelle Parenteau and her son Alex of the Cathedral Parish will travel independently. §

BC/YUKON KNIGHTS OF COLUMBUS STATE CONVENTION APRIL 25-27, 2008

Diocese of Kamloops Award Winners

SUPREME SERVICE PROGRAM AWARDS

SERVICE TO THE CHURCH

Mother Teresa Council 12202, Coldstream
Joe Bukowsky, Grand Knight
Program: "Loonies for Lumby"

STATE SERVICE AWARDS

District Deputies Award

EYEGLOSS COLLECTION WINNER

Cariboo Council 4785, Williams Lake
Richard Taylor, Grand Knight
(2,180 Pairs)

SECOND

Bishop Buno Council 5282, Prince Rupert
Grand Knight: Frank Visentin
(430 Pairs)

**BC/YUKON
STATE CHAPLAIN
His Excellency
David J. Monroe,
Bishop of
Kamloops,
is flanked by
award-winning
Mother Teresa
Council 12202's
Grand Knight
Joe Bukowsky
(LEFT) and State
Deputy Dan
O'Hara at the
97th State
Convention in
Surrey, BC**



BC & YUKON FOURTH DEGREE FAMILY OF THE YEAR



BETTY AND JOHN WIENS of Kamloops (RIGHT) receive the BC & Yukon Family of the Year Award from Michael Sehn, Master of the Fourth Degree Knights of Columbus, and his wife Rose at the 2008 Fourth Degree Convention in Surrey. John is Past Navigator, Father LeJeune Assembly



STATE DEPUTY: SECOND ANNUAL WESTERN CANADA MARCH FOR LIFE SET FOR MAY 14, 2009

MAY 8, 2008

Worthy Sirs,

I have just returned home from what turned out to be a very moving and memorable event and I wanted to share a few thoughts of it with you while it was still fresh in my mind.

Over 1,000 people gathered on a beautiful spring day on the steps of the Provincial Legislature in Victoria today for the Knights of Columbus first annual Western Canada March for Life.

Coordinated by State Community and Life Issues Director Tom Hamel, pro-life groups from throughout BC responded to the call and together, put together a near perfect program.

The day began at 11 a.m. at St. Andrew's Cathedral in Victoria, with recitation of the Luminous Mysteries of the Rosary followed by Mass at 11:30 with Bishop

Richard Gagnon of Victoria as the principal celebrant and 15 Priests concelebrating. Three others joined the March later, totalling 18 Priests who proudly came out and shepherded their flocks! It was amazing and the Cathedral was overflowing.

The March commenced exactly on time at 1 p.m. with hundreds of DEFEND LIFE posters being prominently displayed by Knights and their families. The March was headed by Fourth Degree members in Social Baldrick and myself, followed by our priests and youth.

The march to the Provincial Legislature stretched over two blocks in length and took 40 minutes to complete through the core of downtown Victoria, where thousands looked on, most offering encouragement and taking pictures, while a few made negative comments.

The Marchers were treated to bottled

water provided by the State Council and arrived at the Legislature to the sound of music from our Catholic Redeemer Pacific College.

There were eight excellent speakers, including Brother Knight and Senator Gerry St. Germain who couldn't attend as he underwent heart surgery today and could use our prayers. His speech was read by another. The event wound down around 3 p.m.

The Marchers know that this is only a beginning and they have promised to spread the word so that others will come next year and to speak out on the sanctity of life whenever the opportunity presents itself.

A new sense of hope and a realization that a culture of life IS possible was begun today.

It was a deep and very emotional day for me as well, knowing that through our actions today in Victoria, we have finally come out of the silence and pushed open the doors to educate, to change hearts and to save lives.

I leave you with a postscript that was shared with me by a 76 year old man I have never met before today who wanted

to talk to me after I spoke to the Marchers.

With tears in his eyes he related to me that he seldom talks about this, but when his mother was 26, her father kicked her out of the home and his life as she was pregnant outside of marriage.

He wanted her to abort and she refused. At six months old, my new friend was put up for adoption.

Today, he is the proud father of two and grandfather of six... he credits his good fortune to "the tenacity of my mother for toughing it out" and to God's grace.

That made the months of planning and preparing all worth it!

NEXT YEAR - MARK YOU CALENDARS FOR 14 MAY, 2009 AND PLAN TO BE THERE!

I offer my most sincere appreciation to the organizing committee and the many, many Knights from the Island and Lower Mainland who came out to volunteer, to marshal, to help, but most importantly, to walk the talk!

You did yourselves proud!

God Bless,
B. Dan O'Hara
State Deputy
BC & Yukon



**2008 Western Canada March for Life Photos
- BC & Yukon Knights of Columbus -
<http://prolifekelowna.com/Victoria08.html>**

MAY 8, 2008 - VICTORIA, BC



IN MEMORIAM: Fr. Augustine Kalberer, OSB

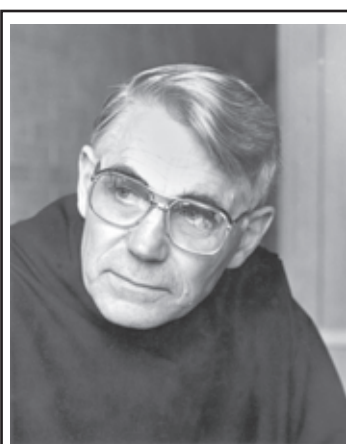
Anthony Aloysius John Kalberer was born on March 8, 1917, in Milwaukie, Oregon, the youngest of seven children, to a Catholic Swiss immigrant family. He spent his childhood years in Lake Grove, Oregon, near Lake Oswego.

Anthony's earliest awareness of his vocation goes back to one day when he was home alone with his father: "I was already in bed and my father said something like, 'being a priest is a good thing'. I was probably about six or eight years old. And I turned to the wall and began to cry. I have often wondered just why I cried, but I think it was because I felt that my thoughts about being a priest in some way got known. My father was quite conscious about vocations, because one of his brothers was a Benedictine brother in Einsiedeln Abbey, Switzerland."

He enrolled in the Seminary at Mt. Angel, Oregon in 1931 for Grade 9, entered the novitiate in 1936, made profession of vows in 1937 and was ordained a priest in 1942. A month after his ordination, Abbot Thomas sent him to the new foundation in Canada (now Westminster Abbey), which he joined in June of the same year.

Eugene Medved, then Prior, sent him to the Pontifical Mediaeval Institute in Toronto in 1942. He obtained his Licentiate in Mediaeval Studies there and his PhD in Philosophy from the University of Toronto in 1946.

Father returned to the Seminary of Christ the King, where he taught philosophy and other subjects for the next 60 years. Father was Rector of the Major Seminary



Fr. Augustine, OSB

from 1968 to 1996 and, simultaneously, of the Minor Seminary, from 1973 to 1996. Father Prior Eugene, now Abbot, had great confidence in Father Augustine's leadership of the Seminary, of which he once said: "My mind has always been at peace, since Father has been rector."

Father Augustine was Subprior of Westminster Abbey for 53 years, under three Abbots.

Father was greatly influenced by the lives of the saints. He had a particular love and fidelity to the Rule of St. Benedict and was exemplary in his own practise of obedience, both as Rector and professor and later as a simple retired monk.

Monks and priests of the archdiocese alike sought him out for advice in difficult decisions. His objective, balanced and prudent decisions were appreciated by everyone who consulted him, especially by his three Abbots.

Father Augustine left a con-

siderable collection of biographical material on the lives of recently canonized and beatified saints. The saints were his close friends. On his filing cabinet, which housed all his notes, he had pasted this little blurb: "St. Thérèse's Little Way is neither mediocrity nor conformity. It is 'love in the trenches,' so to speak."

As his eyesight began to fail he would often say that he had entrusted his writing projects to St. Thérèse. His *Lives of the Saints*, printed by Franciscan Press, went through three editions.

In his declining years, when he no longer had sound judgement about his health and physical condition, whenever the Abbot or the infirmarian gave him a particular directive, he would say simply "I will do whatever you say" with a conviction that often left us edified by his docility. True to his own preaching, he was trusting and docile to those who cared for him to the end.

Completely conscious until just a few hours before his death, he accepted his condition without complaint.

The morning he died, he was anointed again and received Holy Communion and the Apostolic Pardon. He died peacefully as the *Regina Coeli* was sung to him.

We recommend Father Augustine to your prayers and ask the usual suffrages from the members of our congregation.

The Funeral Mass, with Fr. Abbot John presiding, was held on April 10 at the Abbey, after which Father was buried in the Abbey cemetery. §



WESTMINSTER ABBEY, MISSION, BC – PHOTOS BY P. LAWRENCE BILESKEI, OSB



BISHOP BLESSES SITE OF ANAHAM'S NEW PARISH CHURCH

Less than 15 months after fire destroyed Sacred Heart of Jesus Catholic Church, the people of Anaham were already preparing the ground for their new parish church. The official ground-breaking ceremony took place during Bishop Monroe's visit on May 18. The new parish church will be the fourth since Anaham's first log church was built in 1870.

TOP PHOTO – After Mass in the Elders Centre at 9 a.m. on Trinity Sunday, Father Jude Ogoke leads the procession to the new church site. Chief Gerald Johnny and Sr. Eileen Gamble, MCR are on either side of Bishop Monroe

LOWER LEFT PHOTO – Chief Gerald Johnny and Bishop Monroe share the shovel and the

sod-turning honours at the site, where excavation is in progress

LOWER RIGHT PHOTO – Chief Johnny joins Bishop Monroe as he blesses the four corners of the excavated area where the new church will rise – PHOTOS BY SR. JO ANN SUTHERLAND, MCR AND FR. JUDE OGOKE

Zimira Mersington receives 75-year membership pin

By Lorrilee Jordan

A very honoured and pleased Zimira Mersington received her 75 Year Pin in Armstrong on April 3. She is a member of St. Ann's CWL Council, Enderby. Along with the special pin, Mrs. Mersington was presented with other gifts but most pleasing was the special bouquet from her grand-sons.

Father Leo Boyd, Diocesan President Lorrilee Jordan, St. Ann's Council President Doreen Nadeau and members Florence Theobald, Millie Brunner and Gabriel Donahue were among those present.

Born in Italy on Nov. 20, 1913, Zimira arrived in Canada via New York. She was the second eldest of eight children. Her oldest brother tragically was killed at age 18. Zimira spent many years helping her parents in their general store and also helped raise her younger siblings. Zimira was married the first time in 1932. She lost her husband in 1934, when her only daughter was just 18 months old. She lived in Ontario for many years and remarried in 1947. The family moved to BC and lived in Dawson Creek, Merritt and Salmon Arm, where her second

husband passed away in 1999. Very active in community life wherever she lived, Zimira served on school boards and, with husband Bill, was honoured for her work with the SPCA. In her younger years she also cared for foster children – she received special permission to bring one child to BC from Ontario.

She took training and was very successful in the hair dressing profession, having her own shop in different locations. On his last visit home from Peru, Fr. David Johnson visited Mrs. Mersington to share memories of when she faithfully trimmed his hair for many years as he was growing up.

Zimira joined the CWL in Thunder Bay in 1933 and has served the League in many places throughout Canada. She has one daughter and two grandsons and now resides at Pioneer Village, a Seniors Home, in Armstrong.

She has always had a deep devotion to Our Blessed Lady and to the Catholic faith.

Her rosary is always with her, day and night.

She is definitely a part of the League's foundation and we treasure her membership and service. §



ZIMIRA MERSINGTON (seated) receives her CWL 75 Year Pin in Armstrong. (L-R) Doreen Nadeau; Florence Theobald; Millie Brunner; Father Leo Boyd, OMI; Lorrilee Jordan; and Gabriel Donahue

CWL Retreat – Immaculate Heart of Mary Shrine, Cache Creek

**By Dorothy Hruby,
CWL Diocesan Spiritual
Development Standing
Committee Chairperson**

The weekend retreat was a moving experience for 39 ladies from the Diocese at the Immaculate Heart of Mary Shrine in Cache Creek.

Sponsored by the Catholic Women's League, the retreat was facilitated by Verna Cheramy of Kamloops.

Verna is well known to the Kamloops area and is a long-time associate of the Congregation of Notre Dame.

Risking the Spiritual Journey was the theme of the retreat. With Verna's guidance, the ladies followed the spiritual

journey from and into God's heart, into their own heart, into creation and into the heart of the world.

By the end of the weekend, all the ladies were inspired to go beyond their boundaries, and one lady said she felt like she was

part of an army ready to meet spiritual challenges and make the world a better place to live in. §

Cheramy spoke her words of wisdom and read us stories and taught us techniques of prayer that opened my eyes to so many possibilities.

During our break times I'd go adventuring around the grounds and I found so many beautiful things.

On my first morning adventure, I found a grotto and for the first time in my life I felt like kneeling and praying out of church and enjoyed it. My second day adventuring, I sat on a cliffside hanging my feet over the edge, writing, drawing – and took pictures and got closer to God. This was an amazing retreat. I wish I could have stayed there forever. §



KAMLOOPS DIOCESAN CWL COUNCIL NEWS

'For the first time in my life I felt like kneeling and praying out of church'

The following is a personal testimony from a young lady – a Grade 8 student and the youngest person attending our retreat.

**By Chiara Stoneman,
Williams Lake**

March 7-9, 2008 I came with my

Grandma, Anna May McCarvill, to Cache Creek for a retreat called Risking the Sacred

Journey at the Shrine of the Immaculate Heart of Mary.

During my time there, Verna

2008 Catholic Women's League of Canada Diocesan Convention

By Lucille Wallace, Holy Family Parish

The Catholic Women's League of Canada's Kamloops Diocesan Convention at Holy Family Parish in Kamloops brought members from as far away as Quesnel, Vernon and Salmon Arm.

His Excellency Bishop David Monroe, Monsignor John A. MacIntyre and priests from various parts of the Diocese also attended.

Holy Family Catholic Women's League chose to celebrate its twenty-fifth anniversary by holding the Diocesan Convention in its parish. Charter members were Elizabeth Karpluk, Bertha Kreger, Marlene Rombough, Louise Tetreault, Josie Cordonier and Marianne Piller, first president. Ten former presidents were also honoured. These were Louise Tetreault, Elizabeth Karpluk, Kay Marshall, Rita Berglund, Anne Fox, Sheila Doherty, Lucille Wallace, Mary Morin and current president Pauline Phlanz.

Barb Dowding, Provincial Catholic Women's League President, presented a workshop on communication with topics such as rights and responsibilities of communications, tips for public relations success, email etiquette, tips for effective listening and guidelines for communiqués.

The featured speaker was Dr. Clem Persaud, who spoke on stem cell research. Dr. Persaud explained that stem cells are cells that are capable of growing into various types of cells, such as skin cells and muscle cells. The richest source of ethical stem cells can be found in the placenta and cord blood. Dr. Persaud gave examples of cures with ethical stems cells while stating that none have been made with embryonic stem cells so far.



Adele Huculak of Kamloops is the recipient of the Kamloops Diocesan Women's League Bursary of \$500.

We wish her the very best in her studies.

Five resolutions passed at this convention were sent to the Provincial Convention in Williams Lake (May 29-

June 1) for further scrutiny: Protect Unborn Victims of Crime; Preventing Human Trafficking at the 2010 Olympics; Withdraw Support for Amnesty International; Awareness, Prevention and Treatment of Depression; and Protection of Human Trafficking of Victims (a priority).§

HOLY FAMILY CWL COUNCIL – The lady in the front row is Agnes Desaulniers, our oldest member at 96 years of age. She is attending the final Mass of the 2008 Diocesan Convention at our parish church in Valleyview, Kamloops



CONVENTION COINCIDES WITH COUNCIL'S SILVER ANNIVERSARY – Flowers were presented to the Charter members of Holy Family CWL Council formed in 1983 and to all past presidents. (L-R) BACK Bertha Kreger, Louise Tetreault, Rita Berglund, Sheila Doherty, Anne Fox, Lucille Wallace; CENTRE Council President Pauline Phlanz, Marianne Piller, Josie Cordonier, Marlene Rombough, Kay Marshall, Elizabeth Karpluk; SEATED Mary Morin, Diocesan President Lorrilee Jordan and Provincial President Barb Dowding – PHOTO COURTESY OF HOLY FAMILY CWL COUNCIL

61ST ANNUAL CWL PROVINCIAL CONVENTION IN WILLIAMS LAKE • READ ALL ABOUT IT IN YOUR AUGUST ISSUE OF THE DIOCESAN NEWS



2008 DIOCESAN CWL BURSARY RECIPIENT Adele Huculak (left) is pictured with her sister Carmel and seminarian Paul Simms – all preparing for their pilgrimage to Australia in July and World Youth Day with Pope Benedict XVI

2008 Diocesan Confirmation Rally

By Adele Huculak, Diocesan Young Adult Coordinator

Ninety students attended the annual Diocesan Confirmation Rally organized by the Office of Religious Education and Youth Ministry on Saturday, March 8.

The Rally assists in the preparation for the Sacrament of

Confirmation. Students from around the Diocese were in attendance. The leaders were young adults who provided skits and leadership to the students throughout the day. This year a room was reserved for parents and

chaperones, so they to had a chance for faith formation and discussion. Many thanks to the leaders, chaperones, coordinators, teachers, parents and members of the O.L.P.H. CWL for helping throughout the day. §

Pro-Life Society fundraiser features keynote speaker from Kelowna

By Adele Huculak, Kamloops

More than 200 mouths were fed at this year's Kamloops Pro-Life Society fundraising banquet at O.L.P.H. Centre.

Dinner guests welcomed Marie Magirescu of Kelowna whose touching testimony of abortion, forgiveness and God's

unfailing and unconditional love encapsulated the message the Society strives to bring to our community. As ever Maybelle Nordick and her team of volunteers organized and prepared a wonderful feast.

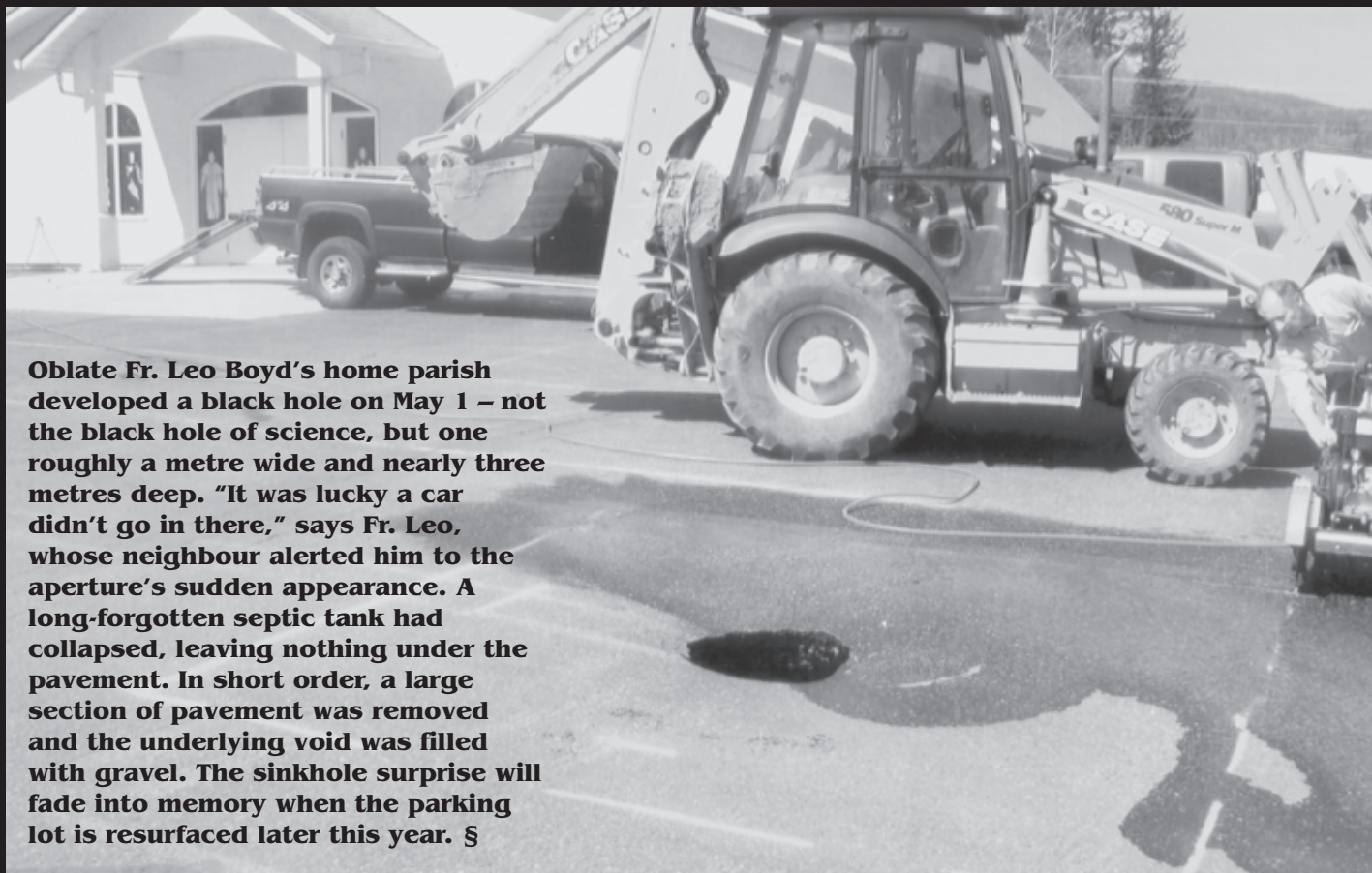
Rev. Keith Kirkwood was master of ceremonies and versatile

local pianist Curtis Howell provided musical entertainment.

"The festivities concluded with the wind-up of the silent auction, which was a resounding success due to the quality and variety of items donated by more than 60 local merchants," says President Terry McAllister. §



Armstrong's parish buildings seen prior to the problem in the parking lot



Oblate Fr. Leo Boyd's home parish developed a black hole on May 1 – not the black hole of science, but one roughly a metre wide and nearly three metres deep. "It was lucky a car didn't go in there," says Fr. Leo, whose neighbour alerted him to the aperture's sudden appearance. A long-forgotten septic tank had collapsed, leaving nothing under the pavement. In short order, a large section of pavement was removed and the underlying void was filled with gravel. The sinkhole surprise will fade into memory when the parking lot is resurfaced later this year. §

ARMSTRONG IS IN THE EASTERN ZONE OF THE DIOCESE OF KAMLOOPS • PHOTOS BY BILL ROGERS

IMMACULATE HEART OF MARY SHRINE & RETREAT CENTRE



SUNDAY MASS

11 a.m.

Rosary at 10:30 a.m.

Words from our secondary
patron, St. John Vianney

*God makes greater speed to
pardon a penitent sinner
than a mother to snatch her
child out of the fire.*

– Catechetical Illustration from Nature

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BURMA RELIEF: Ottawa matching donations until June 13

Development and Peace has launched an appeal for donations for the victims of Cyclone Nargis, which devastated Burma on May 2, leaving 134,000 dead or missing.

"Development and Peace (D&P) and Caritas Internationalis, the Catholic Church's international development network, are focusing all their efforts to lend urgent assistance to the Burmese population which is in dire need," D&P's executive director Michael Casey said May 27 in a news release.

"Assistance sent to Burma from humanitarian agencies around the world is currently being distributed via the parishes throughout the country. An international team of Caritas network experts is organized in Bangkok, Thailand and inside Burma to support this humanitarian operation."

The relief effort includes the provision

of food, medical and water purification equipment, as well as temporary shelter materials to at least 60,000 victims of the cyclone.

Caritas Internationalis set an initial fundraising objective of \$8-million for the next three months, although community reconstruction and rehabilitation will take several years.

MATCHING FUNDS

The Canadian International Development Agency (CIDA) has pledged to match any donation made to Burma before June 13, 2008.

Contributions can be made by telephone (1-888-664-3387) and online at www.devp.org. Cheques marked "Emergency: Burma" can be sent to: Development and Peace, 1425 René-Lévesque Blvd. West – 3rd floor, Montreal, Quebec H3G 1T7.

Urging Canadians to respond to this appeal, Casey added: "By this gesture, let us send a solidarity message to the Burmese population that they have not been forgotten."

In a separate publication, D&P indicates it will focus "its limited human and financial resources on the Burma crisis" and will not launch an appeal for China following the 7.9-magnitude earthquake that shook southwestern Sichuan province on May 12: "The situation in China is disastrous, but the government of China is well organized, has important resources and several organizations are already operating in China."

"Development and Peace is accepting donations for China, which will be sent through Caritas Hong Kong or to other international organizations". §

Share Lent 2008

This news is making the rounds among Canadian Catholic Organization for Development & Peace (D&P) animators, including Paul Corcoran of Kamloops.

Sister Raymonde Arcand is Parish Administrator for St. Charles, Moosomin First Nations near The Battlefords in Saskatchewan.

Sister writes:

"We received a \$500 donation this Share Lent from a member of the Moosomin First Nations. The donor is a recipient of the CEP (common experience payment) made to former students of residential schools."

"The Sunday that I talked about D&P, she felt compelled to donate \$500 as she feels she has been blessed in many ways and wanted to help make a difference in the life of the poor."

"Her experience at the residential school was a positive one and [she] is grateful for the opportunity that she had at the residential school." §



'DEVELOPMENT AND PEACE' GATHERING

Rainbow Dancers of the Cree Nation entertain members of the Canadian Catholic Organization for Development and Peace (D&P) at the BC/Yukon Region's recent annual meeting in Prince George. While most of the weekend was given over to discussions and workshops, members found the time on Saturday evening to join in cultural solidarity with their First Nations sisters

— PHOTO BY PAUL CORCORAN

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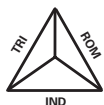
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OUR LADY OF PERPETUAL HELP SCHOOL, KAMLOOPS – Here is a photo of our Flag Football Team taken Tuesday, May 13 at Rayleigh Elementary – they finished the season undefeated! – PHOTO BY LINDA BITTANTE



SACRED HEART CATHOLIC SCHOOL, WILLIAMS LAKE – Vanessa and Jenna in our Gr 1/2 class are making paper as part of an art project – SUSAN GRIEVE PHOTO

SAINT JAMES SCHOOL, VERNON – Guenter Rieger (far right) stays on track with our MLA Tom Christensen in this scene from our annual Walk-athon fundraiser – PHOTO BY FATHER MARTIN PEYTON



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Book Review: *From Truth to Reconciliation: Transforming the Legacy of Residential Schools*

By Chuck Bishop, Kamloops

From Truth to Reconciliation: Transforming the Legacy of Residential Schools is a worthwhile book about various aspects of truth as Native people see it.

This massive collection of competently edited articles is in four sections: Truth-Telling; The Legacy Lives On; Exploring Paths to Reconciliation; and A Journey of the Spirit. The book is helpful reading for anyone wishing to understand the legacy of Canada's Indian Residential Schools from an Aboriginal perspective.

There is no doubt that some students were abused in residential schools. By the 1960s the federal government had, in the main, stopped sending Native children away to residential schools unless they were from families with serious social problems (as perceived by Indian Affairs social workers) or unless they were too distant to travel to public or reserve day schools. This policy indicates tacit recognition that whatever the government's intentions when creating the network of residential schools in 1879, the results were often less than ideal.

The book begins with Anishinaabe Elder Fred Kelly's 'Confessions of a Born Again Pagan'. Writing in the form of a pre-Vatican II confession, Kelly recalls his

experiences from age four at St. Mary's Residential School in Kenora, ON, where he was left after the death of his father and the illness of his mother.

Kelly contrasts the differences between the Anishinaabe and European world views that led to Canada's creation of the residential school system. He uses his understanding of the history of European contact in Canada to explain his decision to leave the Roman Catholic Church at age 14 to search for his cultural roots and become a "born again pagan".

Assistant Crown Attorney Rupert Ross, in 'Telling Truths and Seeking Reconciliation: Exploring the Challenges,' approaches the legacy of Indian Residential Schools from a very different perspective.

The purpose of his article is to show that one of the unintended results of the residential school experience was to create decades-long tensions within Native communities.

Ross argues that much of the abuse in the schools was inflicted by older students on younger ones. He writes that many students found that joining gangs in school provided their only protection from on-going abuse by older students. He notes that reporting such abuse to the school authorities was never done. He writes that

when former students returned home, they took their memories of abuse with them and since their abusers often lived nearby, these memories created unspoken multigenerational tensions between Aboriginal families.

"Keeping silent, however," Ross writes, "may only perpetuate the inter-family antagonisms that plague community politics, hiring, education, welfare, housing and healing."

From Truth to Reconciliation should be read in conjunction with John S. Milloy's *A National Crime: The Canadian Government and the Residential School System, 1879 to 1986* (Winnipeg; University of Manitoba Press; 1999; reprinted 2000).

Milloy has written what is arguably the only serious historical study of the residential schools as an expression of

government policy. As the official historian of the Aboriginal Royal Commission he was able to mine the mass of records (many now tied up by freedom-of-information-legislation red tape) held by the National Archives of Canada, as well as those of the Presbyterian, United and Anglican church archives and those of the Missionary Oblates of Mary Immaculate.

Working with the Aboriginal Royal Commission, Milloy was able to access most of the records of the Department of Indian Affairs, which in general were closed to other researchers.

Today, as a result of a decade of litigation, many archives – particularly those of the Catholic entities involved with the Residential Schools – are still not open to the public. §

From Truth to Reconciliation: Transforming the Legacy of Residential Schools

Marlene Brant Castellano, Linda Archibald and Mike DeGagné, editors; Aboriginal Healing Foundation, Ottawa, 2008; 425 pp.



This title also is available as a PDF file from the Aboriginal Healing Foundation (<http://www.ahf.ca/publications/research-series>).

Lillooet partnership benefits parish hall

St. John the Baptist Parish's partnership with a local seniors' group has resulted in a major upgrade to the parish hall and a new home for the group's activities.

The group made its proposal to the parish just over a year ago.

Finding the pastor and parish council both welcoming and supportive after due consideration, the group then applied for a grant to cover the cost of substantial improvements to the hall, which was showing its age.

"They put in a new ceiling, painted the walls, installed laminated flooring

and fixed up the kitchen," says parish priest Fr. Bob Haggarty, OMI.

He adds that while this work was going on, a couple of St. John the Baptist parishioners completely renovated the parish hall's bathrooms.

Fr. Bob says the "handshake understanding is working very well," with the parish having first call on the shared facility whenever the need arises.

"The seniors have done a fine job," Fr. Bob says.

"It's very pleasant to be able to welcome them." §

COME AND CELEBRATE WITH US

St. James Catholic Church, Vernon celebrates its 100th Anniversary on November 1, 2008

Mass on Friday, Oct. 31

followed by a reception

Mass on Saturday, Nov. 1

followed by a dinner at the Parish Centre

Mass on Sunday, Nov. 2

followed by breakfast in the church basement

The St. James Centennial Committee would like to borrow any items of historic interest (old photos, stories of events, artifacts, etc.); they will be returned after the celebration. Contact Chairperson Helen Donovan at radonovan@shaw.ca


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Forgiveness

The first of two essays by Rev. Malcolm DeWeese Jr.
Pastor, Immaculate Heart of Mary Shrine, Cache Creek

I. Personal Forgiveness

Forgiveness. The New Testament has a lot to say about forgiveness. However, I wonder how many Christians really understand what Jesus meant by 'forgiveness'? The most obvious phrase that comes to mind is from the The Lord's Prayer: "Forgive us our trespasses as we forgive those who trespass against us." (Mt 6:9-13) Some may immediately call to mind St. Peter's question to Jesus: "Then Peter came and said to him [Jesus], 'If another member of the church sins against me, how many times should I forgive? As many as seven times?'" (Mt 18:21) Most people do not stop to realize that here there are two different kinds, two different cases, of forgiveness. First there is the forgiveness of sin by God and second there is the personal forgiveness of one Christian to another. One deals with repentance while the other is completely personal and one-sided.

Let us talk about the second case first. The Lord's Prayer, "as we forgive those who trespass against us," and Peter's question, "how many times should I forgive," are both instances of personal forgiveness. There has been an occasion in which we have been wronged or hurt personally by another person. It could have been inadvertent on their part, or it could have been intentional.

There is no distinction made here by Jesus of accidental trespasses or intentional trespasses. Jesus teaches that forgiveness on the part of the person who has been wronged is mandatory, not just seven times "but seventy-seven times". (Mt 18:22) Not only is it the responsibility of the person wronged to forgive the trespasser "seventy-seven times," but there is no mention by Jesus of the trespasser's asking forgiveness or showing contrition about the hurt he has caused.

Jesus did not make the command of the forgiveness of trespasses on our part conditional on the showing of contrition, of sorrow, or on the requesting of our forgiveness by the trespasser. This offends our human sense of justice because we are asked to forgive without any material compensation for our forgiveness. We humans have been conditioned by our education, our culture, and especially by our legal system to expect to be given something material in return for the suffering which we perceive any real or fancied wrong caused us. This is the basis of the whole profession of lawyers (or advocates) and the whole duty of magistrates (or judges): materially compensating claimants for real or imagined hurts. It is very difficult for we humans to understand a system of justice

without material compensation. However, that is exactly the nature of God's justice.

The Hebrew Scriptures taught that one who lost an eye had to be compensated by being given a material equivalent for an eye: an eye for an eye. That is essentially the basis of the modern system of jurisprudence practised in Western European culture. For one to give something, that is, forgiveness, and receive nothing in return as we see it, is not acceptable to us. We want material compensation; yet Jesus teaches us just the opposite.

We are to give forgiveness expecting nothing material in return—not even an "I'm sorry". This is what is meant by "seventy-seven times". In the forgiving of those who trespass against us, we are totally compensated by God and not by man.

When do we know that we have truly forgiven another person?

While we may forgive wrongs done to us, we seldom forget them. Long memory is both a blessing and a curse of humanity and most people find forgetting much more difficult than forgiving. However, just because we remember a hurt does not mean we have not forgiven him who hurt us. We remember a broken limb long after it has healed; it would be foolish to ask if it were healed or not, simply because we remember it. So it is with forgiveness. We can truly forgive the trespass even if we have a hard time to forget it. §

Next: Part II – Reconciliation and the Forgiveness of God

THE ROSARY OF THE VIRGIN MARY

My brothers and sisters in Christ,

As has been the practice since 2002, I am sending this letter to encourage the people of the Diocese to say the Rosary daily and to have a special intention for each decade. I am also sending a 'Prayer List' so that on the date given you can remember in your prayers on that day the special intention (for example: on the 6th day of each month you can remember Msgr. Jerry Desmond in your prayers).

When visiting the parishes throughout the Diocese I have often noticed that some parishioners, when saying the rosary in common, announce the intention of the decade.

When praying the Rosary, I ask that, besides your personal intentions, you pray each decade for the following intentions:

- First decade for peace
- Second decade for our families
- Third decade for priests and deacons
- Fourth decade for religious, and
- Fifth decade for our seminarians.

As I am asking you to be a people of prayer, I ask that you may keep me in your prayers that I may, with the help of the Good Shepherd, be a good shepherd to you.

Mary, Mother of God, pray for us!

Yours in Christ,

+ David Monroe

Most Reverend David J. Monroe
Bishop of Kamloops

2008 PRAYER LIST

1	Reverend Anthony Ackerman	17	Reverend Jude Ogoke
2	Reverend Kenneth Anoruo	18	Reverend Donal O'Reilly
3	Reverend Leo Boyd, O.M.I.	19	Reverend Martin Peyton
4	Very Reverend Derrick Cameron	20	Reverend Emil Sasges
5	Reverend Domingo Cedo	21	Deacon Eddie Lavoie
6	Reverend Monsignor Jerry F. Desmond	22	Deacon Clinton Pendleton
7	Reverend Malcolm DeWeese, Jr.		[Ordination 27 June 2008]
8	Reverend Nicholas Forde, O.M.I.	23	Religious Sisters
9	Reverend Robert W. Haggarty, O.M.I.	24	Religious Brothers
10	Reverend Ryszard Hanaczewski	25	Deceased Clergy and Religious
11	Reverend Wladyslaw Karciak, O.M.I.	26	Seminarians
12	Reverend George LaGrange, O.M.I.	27	Catholic teachers
13	Reverend Andrew L'Heureux	28	Catechists
14	Most Reverend David J. Monroe	29	Sick & elderly
15	Reverend Peter Nguyen	30	Families and youth
16	Reverend Dale Normandeau	31	Special Intentions



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Who Are the Church Fathers?

**A series of articles by Rev. Dale Normandeau,
Pastor of St. Ann's Parish in Quesnel**

St. Irenaeus of Lyons (died circa 200 AD)

Since about 2003, there has been a resurgence of interest in the ancient heresy of Gnosticism. One can see this in the recent media circus that followed the rediscovery of the ancient Gnostic document, *The Gospel of Judas*.

Popular interest in Gnosticism has also been raised through the wildly successful novel, *The Da Vinci Code*. Dan Brown, the author of this potboiler, presents a false, conspiratorial history of Christianity's roots by suggesting that the so-called Gnostic Gospels present us with an authentic image of the 'real' Jesus, an image that was suppressed by ancient Church authorities.

While this tale of conspiracy is completely false, the rediscovery of a treasure trove of ancient Gnostic texts in 1945 at Nag Hammadi, a small town in southern Egypt, has heightened modern interest in this heresy that had, until recently, only been known through the denouncements given them by such ancient Church Fathers as Hippolytus, Tertullian and Irenaeus.

While scholars now have the advantage of being able to study the actual Gnostic texts, the conclusions they draw concerning the person of Jesus these works describe are often as fanciful and unreal as *The Da Vinci Code* itself.

The wisdom and insight of the early Church Fathers concerning this ancient heresy is needed in order to refute the false image these texts present concerning Jesus Christ, his nature and his mission.

The insights of one Church Father in particular is especially valuable, namely St. Irenaeus of Lyons, who is the subject of this article.

Details concerning the life of Saint Irenaeus are very unclear.

He was born sometime during the first half of the second century. He is believed to have been Greek and born in Smyrna in Asia Minor (modern-day Turkey); Saint Polycarp, who as a youth had been a disciple of St. John the Apostle, also came from Smyrna.

Irenaeus was a disciple of Saint Polycarp, but eventually made his way to the Western part of the Roman Empire.

It is known that during the persecution of the Church in the reign of Marcus Aurelius, the Roman Emperor from 161-180 AD, Irenaeus was a priest

of the Church in Lyons in Gaul (modern-day France).

After St. Pothius, the Bishop of Lyons, was martyred, St. Irenaeus succeeded him and became the second Bishop of Lyons. During his episcopacy, St. Irenaeus divided his time between writing theology and being a pastor.

His writings are particularly valuable because they were formative in the early development of theology in the Church.

He emphasized the necessity of the episcopate and the central role of scripture and tradition in the life of the Church.

He also reminded Christians to accept the doctrinal authority of the bishops.

Nothing is known concerning the date and circumstances of his death, except that it probably occurred at the end of the second century or the beginning of the third.

St. Irenaeus was buried in the Church of St. John's in Lyons – a church later renamed St. Irenaeus in his honour.

Unfortunately, his tomb and remains were utterly destroyed in 1562 by Calvinist Huguenots, so that nothing is left today of his mortal remains.

St. Irenaeus wrote a number of books on scripture, tradition and apostolic succession, but his single most important work was the five-volume book *On the Detection and Overthrow of the So-Called Gnosis*, often referred to by its shorter Latin title *Adversus Haereses* ("Against Heresies").

This document is, even after 1,800 years, still the best definitive refutation of the Gnostic heresy.

The first volume addresses the Valentinian Gnostics, one of many different groups of Gnostics, and their predecessors. In Book II, St. Irenaeus exposes the lack of merit in Valentinian's doctrines. Drawing from evidence found in the scriptures, Book III demonstrates the falsity of the Gnostic doctrines. Book IV is a collection of Jesus' sayings with an emphasis on the unity that lies between the Old Testament and the Gospels. In the final Book, St. Irenaeus continues examining more of Jesus' sayings, along with the letters of St. Paul.

Gnosticism can be described as the grandfather of all heresies. Its roots actually predate Christianity by several hundred years.



While Gnosticism's historical roots are uncertain, one can discern two major influences in its development: Mythology and the ideas of the Greek philosopher Plato.

Gnostics believed in a dualistic universe, split between the spiritual and the material. One's goal was to reject the material universe and focus one's life on the spiritual realm. Some Gnostics sought to do this by forsaking sexual relations and living a celibate life, while others became sexual libertines because they believed the body was just a shell and so it did not matter what one did in it. Gnostics also tended to be anti-Semitic in their rejection of the God of the Old Testament and anti-feminist in their understanding of women as being less than men.

The most distinctive belief in Gnosticism was the understanding that one achieves salvation through knowledge (*gnosis* in Greek) rather than through Grace and right living. Gnostics believed that a divine seed was imprisoned in every person and the purpose of salvation was to acquire the knowledge that would set that seed free.

It is in this conviction that one sees most clearly how ancient Gnosticism has had a profound influence on the contemporary New Age Movement, a movement that emphasizes individual potentiality over the need for salvation

and redemption from a source outside oneself.

During the second and third century of the Christian era, Gnostics looked upon Jesus not as a saviour and messiah, one who fulfilled God the Father's will and the prophecies of the Hebrew Scriptures, but as a perfect Gnostic who exemplified Gnostic ideals.

Gnosticism's understanding of Jesus Christ ignored his incarnation, his Jewish roots and his call to conversion.

Instead Gnostics presented him as a quasi-superman who comes off as being arrogantly above the rest of humanity and its experiences, limitations, sufferings and pains.

St. Irenaeus points out that the Gnostic Christ is simply a false Christ who is nothing like the true, incarnate Christ of the Scriptures and of history.

St. Irenaeus sought to counteract the spread and influence of Gnosticism by beginning with the unity of God.

The Gnostics had made a distinction between a transcendent "High God" and an inferior *Demiurge* who messed around with matter by creating the world. According to Gnosticism, the God of the Old Testament was such a *Demiurge*.

Irenaeus, on the other hand, rejects this idea outright. There is no greater and lesser god but only one God who created the world and has been its overseer ever since. God created humankind and gave them free will. Through an unwise use of that free will, humankind chose to rebel against God through sin. The high point of human history, according to Irenaeus, was the incarnation of Jesus Christ. Jesus comes as the new Adam to undo by obedience the damage wrought by the original Adam's disobedience. To do this, Christ had to go through all stages of human life in order to sanctify it by his divinity. Salvation, therefore, is not acquired through a secret knowledge, but rather through a free act of God's love, as manifested in Jesus Christ.

The hype surrounding the recent rediscovery of the Gnostic *Gospel of Judas*, fortunately, has also led people to a rediscovery of St. Irenaeus, because he was familiar with this document and made reference to it. This text tries to portray Judas in a more positive light by implying his betrayal was in accordance with Jesus' instructions.

Irenaeus implies that this is clearly an exercise in historical revisionism that does not reflect real history.

We simply can do no better than to read the original four Gospels to get a clear understanding of the 'real' Jesus and, through this reading, have the understanding needed to reject Gnosticism and its false Christ. §

† PRAY FOR VOCATIONS †



CLERGY BIRTHDAYS

Congratulations and prayerful birthday wishes to:

Rev. Jude Ogoke
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Congratulations and prayerful birthday wishes in advance to:

Rev. Monsignor
Jerry F. Desmond
July 23

Rev. Domingo Cedo
August 4

Rev. Kenneth Anoruo
August 16

Rev. Robert Haggarty, OMI
August 27

Rev. George LaGrange, OMI
August 28

Rev. Dale Normandeau
August 29

ANNIVERSARIES OF ORDINATION

Congratulations and prayerful anniversary wishes in advance to:

Rev. Jude Ogoke
July 31, 1999

Rev. Robert Haggarty, OMI
August 14, 1971

Rev. Kenneth Anoruo
August 24, 1996

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My Visits with Jesus in the Blessed Sacrament

“What is that?” I asked myself as I walked into Good Shepherd Church in Valemount.

Fr. Emil Sasges had the Blessed Sacrament exposed in the monstrance. I had never seen a monstrance.

That was over 20 years ago; today I know *Who* that is and make my weekly Adoration visits with Jesus.

These visits are important to me as a devotion and I believe this time with Jesus is very beneficial, both to my faith and my emotional well-being.

Jesus has blessed me in my visits; I have experienced inspiration, training, correction, healing, comfort and transformation. I would like to share three visits which inspired, healed and transformed me.

I once sat asking Jesus for guidance and inspiration to write a letter to my prodigal daughter. From my visit I was able to write a letter that surpassed all of my initial attempts; in this letter I wrote in honesty, sincerity and love. This relationship has yet to be reconciled – so I remain faithful, praying for her.

On another visit I sat and shared with Jesus my grief over my relationship with my father. In this visit Jesus healed me in the areas that hurt; I longed for a healthy relationship with my Dad. Jesus encouraged me to love my Dad where he is at and give the rest to God.

And finally, this past month I showed up for my visit so weary, drained and exhausted from my workday. At first I complained, then pleaded for answers, for ways to lighten my workload. I reminded Jesus that working like this just wasn't working! He listened. At one point, I let go and praised Him for Who He is and in doing so, experienced a release from the weariness and was once again transformed.

My visits with Jesus are at Sacred Heart Cathedral in Kamloops. As parishioners, we are blessed to have Holy Hours on weekday mornings (7:45-9:15 a.m.) and on Wednesdays from 10 a.m. to 9 p.m.

Prayer and meditation books are available to use during Adoration. *Come to Me*, published by the Missionaries of the Blessed Sacrament, has been helpful to me.

This book includes Pope John Paul II's homily in Seoul, Korea on Oct. 7, 1989. From his homily addressing priests:

“Given the demands that are made on you, it is all the more important that you be men of prayer before the Blessed Sacrament, that you ‘ask God for a true spirit of Adoration’ in order to be filled with love of Christ. Only in this way can you hope to grow in the pastoral charity that makes your life and ministry fruitful.” From this I take the words *ask God for a true spirit of Adoration and makes your life and ministry fruitful*.

Mother Teresa tells how in 1963 all of her Sisters of the Missionaries of Charity were making a weekly Holy Hour together. In 1973 they began daily Holy Hours and the number of vocations doubled.

These two people are my heroes and their examples show me that even with their heavy workloads they saw it as very important to visit with Jesus in Adoration. So do I – and so I do.

Blessings,
Janet Doxey



HOLY HOUR at Sacred Heart Cathedral, Kamloops

OUT & ABOUT in the Diocese



CONSTRUCTION CALCULATIONS – The igloo pictured here was painstakingly constructed by Mrs. Grace's Grade 4 class at St. Ann's Academy. The igloo is built from 460 four-litre jugs and two two-litre jugs; that means 1,844 litres of milk had to be drunk. Yes, that's right – 1,844,000 ml of milk (or as the students further calculated: 9,220 two-hundred ml glasses of milk)! That's a whole lot of milk. Anyone have cookies? – MAUREEN ST. PETER PHOTO