

The Bishop's Vic.
Rev
Vic.

27.6.82

The most Rev. R. A. Mulkearns, D.D., D.L.,
340 Wendouree Parade,
Ballarat.

Dear Bishop Mulkearns,

Thank you for your letter, which I received from Fr. Smith last Monday. I realize the seriousness & the difficulty of the decision you have to make to protect the community & the Church, & at the same time to be kind & considerate of the individual concerned. So I have thought a great deal about this matter - & prayed - to make as good a assessment as possible.

The area of psychology we are dealing with here is little understood & unfortunately little researched. Let me quote some of the significant findings:

We are dealing with individuals who feel markedly inadequate, focus their attention on children as a safer means of meeting their sexual needs & avoiding possible failure & self-devaluation . . . Often these inadequate individuals view their offences as idiosyncrasies than a serious problems & lack any clear sense of the inappropriateness of their behaviour. Typically, they grasp at some seemingly rational explanation of the behaviour. (Abnormal Psychology & Modern Life . G. E. Coleman, p. 402-401.)

The typical paedophile was anything but a naked "sex fiend." To the contrary, he was moralistic, religious, guilt-ridden & lonely. He was socially ineffective & vocational underachiever. And perhaps most important he had a low sexual frequency. (Sexuality & Homosexual Anne Kerten, p. 566.)

Treatment is essentially no different from the treatment of most other types of abnormal behaviour. Procedures are designed to help the patient gain insight into his motivation, change his basic attitudes & work out more acceptable patterns of behaviour. (Coleman, et al., p + 13)

It is obvious that these passages deal largely in generalities, especially (& regrettably) the third paragraph dealing with treatment. In practice, however, in dealing with Gerry himself I used a generalisation propounded by Viktor Frankl, that I have found useful: 'we live on three levels at the same time, the emotional, the rational & the spiritual. In most of us the emotional is the strongest, the rational tends to be confused & the spiritual is the weakest. Therefore, to lead a balanced life, we must strengthen the spiritual, clarify the rational, discipline & control the emotional.'

I also used other theories & techniques of Frankl's, especially a focusing on the meaning of life, both immediate & ultimate, & simple techniques for dealing with everyday problems. In addition, I had Gerry keep a journal &, as you knew, report to me at fairly regular intervals. I insisted that he should see a spiritual director regularly; & this worked well while he was in Sydney & has a director available. I also checked carefully a programme of spiritual reading we worked out together.

The reason I have gone into these matters in a fair amount of detail is that the results were good so long as he stuck to the plan we had agreed upon. Once he neglected his programme, his conduct began to deteriorate. And at one stage, I think I did not see

him at all for something like 2 months.

I agree with you when you say that it would be too risky to let him take up parish work again. So the only viable alternative would seem to be a chaplaincy, although I would suggest a convent of elderly nuns as perhaps the best venue. This would keep him constantly in touch with the spiritual life. He is, of course, an intelligent man & might well undertake a study of Ascetical or Mystical Theology, which would be of benefit to himself & to those in his charge.

It is more than likely, of course, that he will protest at having to give up his work & dwelling at White Cliffs, to which he seems to be strongly attached; but perhaps they could be retained or used as a retreat for him when on vacation? I would regard a regular life a a priest, although in somewhat confined circumstances, a ~~then~~ more valuable ^{and} ultimately more satisfying than his somewhat freelance life as it is at present.

I believe he needs intellectual stimulation. That is why I suggested that he might take up a study of Ascetics — or the Spiritual Life in general. Or he might prefer some other course of study & that should be able to be carried out by correspondence. I am naturally agreeable to keeps on seeing him; we seem to have established a workable relationship together. Even if he should go to another diocese or even another country, I suggest he should see someone regularly, because he appears to work best when he is under regular supervision.

Incidentally, in my investigation last year into Houses of Affirmation I discovered that amongst the clergy in America there have been a large number of problems with pedophilia. Whether this is due to some

naïvité in the American character or whether it stems from immaturity induced by the type of Seminary Training, I am not in a position to decide. But it is a matter of concern to Bishops & major superiors. I do not believe that this - or any other serious problem - can be resolved purely by psychology. At the best, psychology is only a useful tool. And I am sure that Frankl's Logotherapy is the best available, mainly because he insists that man is essentially a spiritual being & that the most prevalent psychological illness in the modern world is a spiritual neurosis. Therefore the ultimate solution is in our Faith, if thoroughly understood & practiced.

I hope I have been in some use in your dilemmas. If there is anything further I can do, please do not hesitate to ask me.

I apologize both for the paper & my scrawl. Unfortunately I do not type; & I preferred to write this report myself than to submit it to any 'outsider', even someone as discreet & trustworthy as one of the nuns at Carmel.

My sincere & warm regards. Begging your blessing,

I remain,

Yours in the Lord,
A. Wilson, E.F.W.